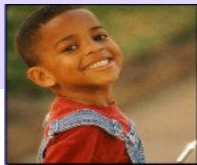


Summit Benefits:

- Learn how to implement a healthy school environment for better learning and compliance with No Child Left Behind
- Obtain new resources to promote a healthy environment in your school
- Mobilize to take action towards ending childhood and adolescent overweight by improving nutrition and physical activity in schools
- Using the CDC School Health Index, develop an action plan for your school.

Who Should Attend?

- Principals
- Charter School Executive Directors
- Teachers
- Health & Physical Education Staff
- School Nurses
- Food Service Directors
- PTA Leaders
- Special Education Coordinators



c/o DC Hunger Solutions
1875 Connecticut Ave., NW
Suite 540
Washington, DC 20009

DC Action for Healthy Kids

Mailing Address Line 1
Mailing Address Line 2
Mailing Address Line 3
Mailing Address Line 4
Mailing Address Line 5



**2005 Schools
Summit on
Nutrition &
Physical Activity**



Sneakers Required!

**Monday, September 26
9:00 am to 3:30 pm
L'Enfant Plaza Hotel,
Washington, DC**

About the Summit

This school summit is intended to help traditional public, charter and independent schools, along with community partners, work together to improve the health and learning of the District's students. Schools will use the Center for Disease Control (CDC) School Health Index to identify challenges and solutions to improving student achievement by focusing on improving the school environment and policies related to healthy eating and physical activity.

Research clearly shows that healthy students learn better. Yet, student's health and learning is often compromised due to poor eating and physical activity habits. Current health data for children and adolescents indicate increasingly alarming trends. For example, childhood obesity rates are at an all-time high, and childhood diabetes is on the rise. District of Columbia traditional public, charter and independent schools can play a powerful and proactive role in reversing these trends, and creating an environment to improve both student health and academic performance.

The D.C. Action for Healthy Kids 2005 School Summit will provide schools with strategies and resources to improve student achievement by focusing on improving the school environment.



Agenda

8:00 am

Yoga Session

8:30-9:00

Registration & Continental Breakfast

9:00

Welcome

Deborah Gist, State Education Officer, Executive Office of the Mayor

9:15-9:45

Supporting Student Success through Health Promoting Schools

Bill Potts-Datema, Chair, National Action for Healthy Kids

10:15-10:30

Break

10:30-11:45

Finding the Will & the Way to Improve Nutrition & Physical Activity

Moderator: Jonathan Wright, Joy of Sports Foundation

The Honorable Adrian Fenty, Council Member Ward 4 (Invited)

Barbara Rockwood, Director, Health & Physical Education, D.C. Public Schools

Mark Truax, Director, Food & Nutrition Services, D.C. Public Schools

11:45 am-1:00 pm

Limbo Lunch

Performance by the Dance Institute of Washington

1:00—3:00

Making it Happen in the District of Columbia Schools: Team Strategy Sessions

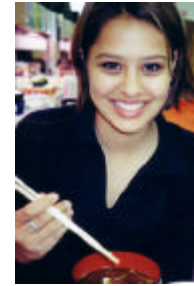
Health Ed., Nutrition & Physical Ed./Activity

3:10-3:30

Adjournment: Evaluations & Certificates

Josephine Baker, Executive Director, Public Charter School Board

Clifford Janey, Superintendent, D.C. Public Schools (Invited)



Registration limited.
Don't delay!

Complimentary Registration

Count me in!

- Action for Healthy Kids Team Member
 School Administrator
 School Food Service Director
 School Health & PE Staff
 School Teacher or Nurse
 PTA/PTO Leader

Yes. I agree to wear sneakers or comfy shoes!

School Name

Address

Phone/E-mail

Reminders

- Yes. Sign me up for the morning Yoga session!
 I need a vegetarian lunch.

Additional comments about lunch meal

Signature

DC Action for Healthy Kids

c/o DC Hunger Solutions
1875 Connecticut Ave., NW
Suite 540
Washington, DC 20009

Phone: (202) 478-6518
Fax: (202) 347-5868
Email: ajones@strength.org

Contact person: Angineeki Jones