

Attention College Students!

We know that food costs are up and that it is expensive going to the grocery store.

SNAP/Food Stamps can be a great way to help pay for groceries, if you **do not** have a meal plan that provides more than 50% of your meals. Here are some special rules about whether or not students can receive them.



These are some of the most common criteria students must meet at least one of to be eligible for SNAP/Food Stamps:

- Employed and paid for at least 20 hours per week or self-employed for a minimum of 20 hours per week and paid the equivalent of working at least 20 hours per week at the federal minimum hourly wage (this includes on-the-job training, internships, and apprenticeships);
- Physically or mentally unable to work;
- Qualify for a state or federally-financed work study program (eligibility begins the date the person is approved for work study or the beginning of the school year, whichever is later, and continues over the period the work study is intended to cover, unless the student rejects or refuses a work study assignment);
- Age 17 or younger or age 50 or older;
- A full-time student who is a single parent or grandparent (natural or adoptive) with responsibility for a child under age 12;
- Responsible for the physical care of a dependent household member under age 6, or under the age of 12 when adequate childcare is not available to allow for work;
- Receiving Temporary Assistance for Needy Families (government cash assistance) or Supplemental Social Security; or
- Assigned to an institution of higher education through a program under the Job Training Partnership Act, Trade Adjustment Assistance (TAA), Trade Readjustment Assistance (TRA), or SNAP Employment & Training.

If you are enrolled at least half-time in an institution of higher education **AND** you meet at least of the requirements above **AND** you are not enrolled in a meal plan that provides more than 50% of your meals - you could be eligible for SNAP/Food Stamp benefits.

This list is not comprehensive of every eligibility situation. **To find out more please contact D.C. Hunger Solutions at 202-986-2200, x3042**

ALSO, if you have student loans and are receiving SNAP/Food Stamps you may qualify to defer you loans for up to 12 months. For more information go to:
www.dl.ed.gov/borrower/DefermentFormList.do?cmd=doViewRequirements&wizardName=Economic%20Hardship%20Deferment

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D.C. Hunger Solutions • 1875 Connecticut Ave NW Suite #540 • (202) 986-2200



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To get an application:

1. Go to one of the SNAP/Food Stamp Offices listed below.
2. Go online to www.dhs.dc.gov, then underneath "Services," click on "Application for Benefits." Download the application. You can type in your information online, but you must print it out, sign it, and turn it in to an office to be processed.

Some of the documents you will need to take when you go to apply:

1. Photo id and documentation of your social security number;
2. Proof that you live in D.C. (for example, a lease or a signed letter from your resident manager or landlord), and how much you pay in rent; and
3. If applicable, proof of your employment (for example, your last 3 paystubs; or your "Employment Referral Form," or "Student Employee Earning Sheet"). If you participate in or are eligible for work-study, you must bring some proof of that.

You can read more about the application process in "How To Get Food in the District of Columbia", located at www.dchunger.org/Publications

SNAP/Food Stamp Offices in D.C.		
Hours: M - F: 8:15am - 4:45pm; Wed: 8:15am - 8pm Main phone number: (202) 698-3900		
Office	Address	Phone
Anacostia	2100 Martin Luther King Avenue, SE	645-4614
Congress Heights	4001 South Capitol Street, SW	645-4546
Fort Davis	3851 Alabama Avenue, SE	645-4500
H Street	645 H Street, NE	698-4350
Taylor Street	1207 Taylor Street, NW	576-8000

Please note: Commuter students that live in Maryland should apply in Maryland for Food Stamps. For more information, please visit <http://www.dhr.state.md.us/how/cashfood/fstamp.htm> or call 1-800-332-6347. You can also contact Maryland Hunger Solutions at (410) 528-0021.



To find out about low cost groceries and other food resources, please visit the D.C. Food Finder at dcfoodfinder.org.



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