

SUPPORTING GOOD NUTRITION FOR MOTHERS & YOUNG CHILDREN



D.C. Hunger Solutions

Ending hunger in the nation's capital

EARLY CARE & EDUCATION



Office of the State Superintendent for Education

★ **Early Care & Education (ECE)**

- Child care center providers
- Family child care home providers
- **BENEFITS:** early education, childcare subsidies

★ **Child & Adult Care Food Program**

- State agency staff
- Home visitors
- **BENEFITS:** nutrition standards, training, and reimbursements for healthy meals and snacks



HEALTH



DC Health

★ **Health Care**

- Physicians
- Pediatricians
- Nurse practitioners
- Mental health professionals
- **BENEFITS:** medical care, disease screening, mental health services

★ **Public Health**

- WIC
- Nutritionists
- Dietitians
- Breastfeeding support
- **BENEFITS:** supplemental foods, nutrition counseling, and referrals to health care

Dept. of Human Services

<p>★ SNAP</p> <ul style="list-style-type: none"> • Caseworkers • BENEFITS: food 	<p>★ SNAP Ed</p> <ul style="list-style-type: none"> • Nutrition educators • BENEFITS: nutrition education
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FAMILY SUPPORT



KEY

Communication about eating at ECEs

Food/Meals

Nutrition education

Nutrition counseling