## LEARN MORE ABOUT WIC

## What is WIC?

WIC offers **free nutritious groceries** like bread, milk, and eggs purchasable through food vouchers redeemable at WIC approved stores. It also provides nutrition education, health services, and breastfeeding support.

## Who is eligible?

Pregnant women, infants, and children under 5 are eligible for WIC. **Grandparents can enroll their grandchild** (if under 5 years old) in WIC too!

## If you are caring for a grandchild under age 5, apply for WIC today

Contact DC WIC at 202-442-9397 to learn more and apply





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